

Zen Zone Bio-Mat Therapy

40 minutes: \$35;

BioMat has infrared rays penetrate deeply into the body and address imbalances at the cellular level, it can be used to treat a wide range of health issues. BioMat encourages states of deep relaxation, it is also effective in reducing stress and promoting meditation.



What is Bio - Mat?

The Bio-Mat is a unique, FDA approved, life saving device. It uses Far Infrared Rays (Nature's Energizer), and Amethyst Quartz (Nature's Super Conductor). This system produces deep penetrating light energy and heat that is like getting a molecular-level massage. The benefit is to bring balance back into the body so that it can heal itself naturally.

Some of the **benefits** include:

- Calms emotions and stress
- Helps patients recover faster from surgery
- Removes wastes and toxins from the body
- Elevates moods and boots energy and vitality
- Promotes weight loss, by increasing metabolism
- Stimulates enzyme activity for improved digestion
- Helps heal the nervous system and endocrine system
- Increases blood circulation and boosts the immune system
- Balances the PH level by decreasing acidity (the main cause of aging)
- Deeply penetrates muscles and induces Delta Brainwave for deep sleep
- Relieves pain and joint stiffness by reducing swelling and inflammation
- Not just for professional use... You can have one at home !

Relaxation Matters.....
Your Good Health Matters!
At
Zen Zone Massage
Call Celeste Wolf to schedule
your appointment today (352) 422-2100